

**Sex and Couple Therapy Service
Intern Training Program 2020-2021**

Department of Psychology, McGill University Health Center

Instructors: C. Brown, F. Carrier Emond, S. Carrier, L. Copeland C. Dugal, M. Gérard, I. Hénault, J.F. Jodouin, A. Kao, J. Larouche, R. Nijjar, G. Wiviott.

Location: *For now, all seminars will be scheduled on the Zoom Telehealth platform. You will receive a link for each of the presentations the day prior to the talk.* In the event that we are able to return to in-person meetings, all seminars will take place in the group room (P2. 156) on the second floor of the new wing of the Allan Memorial Institute (AMI). Attendance is compulsory for all interns and practicum students.

Date	Topic	Instructor
<i>Tuesday Sept. 8</i>		
9:00-10:00	Introduction/Orientation/ Administrative Issues	Kao/Larouche/Fleisler
10:30-12:00	Notes & Reports/ Oacis/Medivisit/eGap	Jodouin/Gérard/Larouche
13:00-16:30	Assessment & Treatment of Male Sexual Dysfunction	Larouche
<i>Wednesday Sept. 9</i>		
10:00-11:30	GPPD: A Physiotherapy Perspective	Claudia Brown
13:00-16:00	Assessment & Treatment of Female Sexual Dysfunction	Kao
<i>Thursday Sept. 10</i>		
9:00-11h30	Overview of Couple Therapy	Kao
12:00-13:00	Case Distribution & File Management	Kao/Larouche/Fleisler

<i>Friday Sept. 11</i>		
8:00-10:00	Mindfulness & Sex Therapy	Nijjar
10:30-12:30	Diversity in Sex and Couple Therapy	Copeland

<i>Monday Sept. 14</i>		
17:00-18:30	Urological Aspects of Male Sexual Dysfunction	Dr. Serge Carrier

<i>Tuesday Sept. 15</i>		
9:30-12:30	Emotionally Focused Couple's Therapy	Carrier-Emond/Dugal
14:15-16:30	A Psychiatrist's Approach to Sex and Couple Therapy; Psychopharmacology	Wiviott

Interns:

Véronique Charbonneau-Lefebvre	U de M	
Solan Daoust-Cloutier	UQAM	
Maxime Fortin	UQAM	
Marina Girard	UQAM	
Jean-François Jodouin	U de M	(Until December 2020)
Marie-Catherine Migneault	McGill	

Practicum students:

Julia Levitan	McGill
Christina Spinelli	McGill

Psychiatry Residents:

Samantha Mallett	(Until December 2020)
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Clinical Rounds: Take place every Tuesday (starting September 15) from 1:00 – 2:00 PM in the AMI group room (P2.156). **Attendance is mandatory for all trainees and active participation is strongly encouraged and expected.**

Clinical Supervision: Starts the week of **September 14/21** - interns will participate in two supervision groups on a weekly basis while practicum students will participate in one group.

Supervision groups are as follows:

Supervisor	Day/Time	Trainees
J. Larouche	Tuesday, 8:00-10:00	Jean-François* Véronique Solan
	Tuesday, 10:00-12:00	Marina* Maxime
A. Kao	Tuesday, 10:30-12:30	Julia Solan
	Tuesday, 14:15-16:15	Marina Christina
G. Wiviott	Tuesday, 14:15-15:30	Jean-François Marie-Catherine Véronique
	Tuesday, 15:30-17:00	Samantha Maxime

*JF will receive supervision from Alina for his assessments (Tuesdays, 10h), Marina from Julie (Tuesdays 12h)

Workload for Interns: The half-time internship is based on 2.5 days or 17.5 hours/week from the beginning of September to the end of July (or 11 months). Interns are expected to spend a minimum of 8 hours seeing clients (actual patient contact hours) at the Sex and Couple Therapy Service. A half time intern will typically also spend 4 hours/week in supervision, 1 hour in clinical rounds, and the remaining 2-3 hours completing required paperwork, participating in and leading groups, and completing required reading.

Workload for Practicum Students: Practicum students are expected to commit 8-10 hours/week from the beginning of September to the end of July, with 4 of those reserved for seeing clients (actual patient contact hours). Practicum students will also spend 2 hours/week in supervision, 1 hour at clinical rounds, an additional hour completing required paperwork and the remaining time for preparation/reading.

75-hour Public Service Stipend (MEES): Students who choose to adhere to the 150-hour public service stipend must meet with AK/JL as of the first week of September to elaborate/define the terms of the workload. Work must be completed by the end of the internship (end of July) and can involve the following: clinical assessments and report writing, program development, clerical/administrative work, research work, and development of clinic materials.

Video-taping Sessions: *(In the event of in-person sessions)* A digital video camera and laptop are available. All trainees are strongly encouraged to videotape at least one client for supervision purposes. Students are encouraged to present short video clips of clients during their case presentations at rounds.

Assessment Times for New Patients:

Jean-Francois:	Tuesdays: 11h, 16h
Marina:	Mondays: 11h, 14h30

Interns & Assessments: Students will start to sit in on assessments of new patients as of **September 14/21**. Our returning interns, Jean-François and Marina will provide training to incoming students. Trainees who so desire and who receive approval by their supervisor can start doing assessment interviews on their own as early as November. Students rotate and conduct assessments every three weeks. The following is the assignment schedule for trainees and assessors during the fall session:

Jean-François :	Samantha, Julia, Maxime
Marina:	Christina, Solan, Véronique

Clinic Coordinator: Emily Fleisler makes initial appointments, manages files, gives out new cases and supervises paperwork She can be reached at: 514-265-1984 or at emily.fleisler@gmail.com. These contact coordinates are to be used only by staff and trainees and should NOT be given to patients. Emily is at the clinic on Tuesday afternoons and Thursdays.

Clinical Rounds Schedule

Fall 2020*

September 15	Orientation Meet and Greet	Alina/Julie/Emily
September 22	Case Presentation	Julie
<i>September 29*</i>	<i>Neurodiversity in Sex and Couple Therapy</i>	<i>Dre. Isabelle Hénault</i>
October 6	Case Presentation	Alina
October 13	Case Presentation	Jerry
October 20	Case Presentation	Jean-François
<i>October 27</i>	<i>Free Flow</i>	
November 3	Case Presentation	Marina
November 10	Case Presentation	Maxime
November 17	Case Presentation	Véronique
<i>November 24</i>	<i>Supervisor's Meeting</i>	
December 1	Case Presentation	Solan
December 8	Case Presentation	Samantha
<i>December 15</i>	<i>Xmas/Chanukah Luncheon</i>	

***ATTENTION: This presentation will take place from 13h-15h**

Please note that this is a tentative schedule; guest speakers will likely be added, and other changes may occur

January 2021

Supervision resumes week of January 4

Clinical Rounds resume January 5